



Physicians Treating People...
Not Just Symptoms

The Washington D.O.

News You Can Use

This is a publication to keep you informed of issues and events pertaining to the osteopathic profession in Washington. We invite you to submit topics or articles of interest to your colleagues for consideration. Submissions may be emailed to executivedirector@woma.org

WOMA Remembers Dr. Keith Peterson

Surrounded by his loving family, Keith Duane Peterson, D. O., F. A. C. S. M., born February 28, 1933, passed away on Sunday September 30, 2018. Born in Kelly, Iowa, to Evelyn Berhow and Glen Peterson, the Berhow family moved to Seattle in 1944 when Keith was 11. Evelyn met and married Karl Movall, who was a pivotal influence in Keith's life, a source of strength, character, and many talents. Keith attended Lincoln HS, where he was Boy of the Month, Centralia Junior College, where he is a member of the Hall of Fame, and the University of Montana, where he lettered in football and baseball, and was a member of Phi Delta Theta. He met Marilyn Shope in 1953, both students at the University of Montana. They married in 1958 and moved to Kirksville, Missouri, where Keith was attending Kirksville College of Osteopathic Medicine. Following his internship in Dallas, Texas, they moved to Seattle, where they established The Sports Medicine Clinic in Ballard, the largest privately owned clinic for sports injuries in the United States, providing medical care to athletes at Seattle Pacific University, and over 20 high schools throughout the northwest region. He also established the U. S. Olympic Track and Field Camp in Seeley Lake, Montana, the American Osteopathic Association of Sports Medicine, the International Council of Motorsport Sciences, and Rodeo Sports Medicine. In addition, he served, as the Medical Director of the Unlimited Hydroplane Commission, was the Assistant Team Physician for the Seattle Mariners, and the attending Physician for the Pro Rodeo Circuit, in four states. His love of sport had him volunteering as an Associate Physician for all of Seattle's Professional sports teams, including the Supersonics, the Seahawks, and the Sounders as well. Keith was a pioneer in sports medicine and a constant fixture on the sideline, gym, rodeo arena, and in the Hydro pits. He opened his life and his heart to all who needed a hand, a lift, a wrap, an ice bag, conversation, a story or just a smile. His presence amongst those who

loved and knew him will be greatly missed, and his family was the anchor of his life.

He is survived by Marilyn, his wife of 60 years, and his children, Jon and Kara (Brenna and Karl), Erik (Erik, Jr. and Karly), Chris and Patty (Jack and Christian), Julie, and Aude. The memorial service will be on Monday, October 29 at Ballard First Lutheran Church at 1 pm.

In lieu of flowers, memorial contributions can be made to the Peterson Family Scholarship Fund at the University of Montana Foundation in Missoula, Montana 59812.

American Board of Family Medicine Creates Examination Alternative Option for 2019

The American Board of Family Medicine (ABFM) is pleased to announce a pilot program to begin in January 2019 that will assess the value and feasibility of a longitudinal assessment option to the 10-year secure examination. Jerry Kruse, MD, Chair of the ABFM Board of Directors, announced this news today to family physicians attending the 2018 American Academy of Family Physicians Congress of Delegates in New Orleans. Physicians who are current with continuous certification and are due to take the examination in 2019 would be eligible to participate in the pilot. Dr. Kruse stated, "based on the popular Continuous Knowledge Self-Assessment (CKSA) platform, the longitudinal assessment pathway will deliver 25 questions online each quarter to those Diplomates who choose this new option. This approach is more aligned with the ongoing changes in medicine and draws upon adult learning principles, combined with modern technology, to promote learning, retention and transfer of information. Over time, we will be able to assess the core clinical knowledge of board-certified family physicians and recognize the vast majority who work to keep up to date to take care of their patients."

This summer, the ABFM contracted with the University of Florida to conduct an independent, randomized survey of Diplomates who recently took the 10-year examination, to inquire about their interest in a variety of options to the exam. The most popular choice voiced by respondents was for a longitudinal assessment model.

A combination of physician experience with the CKSA platform, feedback from Diplomates over time, the independent survey, and information gleaned from the experience of other ABMS boards, all contributed to ABFM's design of the new online, longitudinal assessment process that will serve as the exam option for this pilot.

The ABFM has two years of Diplomate experience with the CKSA platform. Feedback from the more than 24,000 family physicians who have participated in CKSA has consistently shown that this model provides continuous, systematic learning and identification of knowledge gaps, and is highly rated as a useful and convenient platform.

"We believe that longitudinal assessment can meet many of the needs and desires we have heard voiced by family physicians," said Dr. Warren

Newton, incoming President and CEO of ABFM. "It will provide questions on a regular, longitudinal basis, in a format that is much more convenient—a few questions at a time, in the place and time of your choice. You may use clinical references during the assessment, much like you do in practice. You will not need to travel to a test center, nor spend additional time and money on preparatory courses. And, we believe that longitudinal assessment will support your desire for continued learning and practice improvement."

The pilot program was approved by the ABFM Board of Directors earlier this month. In November, it will be presented for approval to the American Board of Medical Specialties' (ABMS) Committee on Continuing Certification. More details will be forthcoming after this final approval step from ABMS. Throughout the pilot, regular feedback will be sought from participants, which will be used to inform program modifications for the future.

New Opioid Prescribing Rules

In response to the opioid crisis in Washington State and across the country, the legislature directed five prescribing boards and commissions to develop and adopt new opioid prescribing requirements.

- [Background Information](#)

The Department of Health, in collaboration with the boards and commissions, is providing education and outreach on Washington's new opioid prescribing requirements.

[New Prescribing Rules Information for Providers](#)

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